

The lunch menu is now placed on the new Nutrition Services Website. [Click here to go to the lunch menu.](#)

Fremont Unified School District
4210 Technology Drive Fremont, CA 94538

Nutrition Services

Supporting Learning by Promoting Healthy Habits that will last a Lifetime

Home | Menus | Pre-Payment Options | Nutrition & Fitness | Nutrition Education | Contact Us

Menus

Meals, foods and beverages sold or served at schools meet state and federal requirements based on the USDA Dietary Guidelines. All meals, foods and beverages are prepared and served by qualified child nutrition professionals. We provide students with access to a variety of affordable and appealing foods that meet the health and nutrition needs of students.

[Click here to learn about our breakfast program!](#)

Menus
[Elementary November 2009.pdf](#)
[Elementary December 2009.pdf](#)

Nutrition Info
[Carbohydrate Counts for November Lunch Items.pdf](#)

Harvest of the Month Newsletter
[November - English](#)
[November - Spanish](#)

USDA Civil Rights Statement

Don't forget to bookmark this site.